

Trip Destinations

Currently GMT travels to Nicaragua, Panama, and the Dominican Republic. We do a total of about 30 trips per year, with most trips aligning with university break periods. There are multiple airports in these countries but we always fly in and out of Managua, Nicaragua (MGA), Panama City, Panama-Tocumen (PTY) and Las Americas Airport, Santo Domingo Dominican Republic (SDQ).

Travel

In all cases, the dates listed are the "fly-in" and "fly-out" dates. You can arrive and depart at anytime during those days. You should NOT purchase plane tickets until you get an email from our central office telling you that we have confirmed the trip and it is ok to do so. If you are sure about anything it's best to ask before you buy the tickets; do not make assumptions. GMT staff will meet you at the airport or arrange transportation for you but only if you submit your flight details to your trip coordinator.

Charges

The charges will be calculated when you register. We use the registration fee money to pay for in-country travel expenses, translators, guides and local physician salaries, food, clinic day meals and medications we distribute during the clinics. A small portion goes to pay general administrative staff salaries.

You need to submit a payment at the time of registration. If you just register on the site but do not pay, you are not fully registered and we will assume you are not coming. If you mail in your payment you will get an email from our registration system when we have received the payment.

Clinics

Our trips vary in length with the shortest being about one week. We usually do 4 clinic days and one "beach" or other recreation day on the shorter trips and more clinic days as the trips get longer.

What's Included and What's Not

Included

Detailed Trip Information

- Hotels
- Local travel expenses to and from clinics and between cities if we move hotels during a trip
- All clinic day expenses (translators, guides, doctors, medications and supplies)
- Breakfast and lunch on Clinic days

Not Included

- **Flights to and from your destination country**
- Airport transfers (taxi or shuttle bus)
- Souvenirs, entertainment
- Food other than what is mentioned above
- Internet/Telephone

Application Deadline

This will be listed for the particular trip you are registering for on your site, but it is generally 7 weeks prior to the start date of the trip. We give you one more week to receive your payment.

Sample Itinerary:

Airport:

Managua (MGA)

Arrival date:

Feb 19th (fly-in any time, day or night)

Detailed Trip Information

Departure date:

Feb 26th (fly-out any time, day or night)

Cost:

\$1,205 for premeds & \$1,310 for predepts

Flight tickets are not included.

Application & Payment deadline:

Jan 2nd for both payment and application (approximately 7 weeks before the trip start)

Notes:

The cost includes ground transportation*, tours, lodging, breakfast and lunch only on clinic days, gu

*Cost of flights and airport transfers is not included. Airport tax is not included.

Itinerary

Detailed Trip Information

A detailed itinerary will be emailed and posted when it becomes available. Generally, 9 day trips w

1. Arrival / hotel transfer
2. Orientation
3. Clinic 1
4. Clinic 2
5. Clinic 3
6. Clinic 4
7. Clinic 5
8. Beach or other recreational/cultural day
9. Airport Transfer/ Departure